

2025 Health Promotions Program Grant (HPG)

2025 HPG Recipients

Project Leader	Project Title	Brief Project Description	Total Allocated
Lauren Kingsley	The Masculinities Project Mobiliser Program	This project engages men and gender-diverse students in transforming dominant notions of masculinities as a means of promoting gender equality and preventing gender-based violence (GBV) and now features on Our Watch for its peer facilitated approach to promoting gender equality.	\$10,000.00
Daniel Dodoo	Cultural Expression and Wellbeing: A Community Approach to Reducing Stigma and Promoting Campus Support	This project collaborates with African communities to reduce stigma by offering creative burnout workshops, sports, and fashion expression to encourage campus support access.	\$10,000.00
Subham Priya	WiSE Wellbeing Lab	Supporting Women and Non-binary Students' Wellbeing Through Body, Mind, and Community.	\$6,000.00
Haisu Sun	Still the Mind, Calm the Body, Warm the Heart: Mindfulness for Community Wellbeing	This grant will integrate a culturally sensitive meditation module into student onboarding to teach meditation's holistic benefits, supplementing with evidence-based practice sessions, scientific workshops, counsellor training for safety, and student-co-designed inclusive content.	\$10,000.00
Soriyana Sochhim	Wellbeing At Werribee	A series of events to improve food security, sustain mental and physical wellbeing, and build a stronger community at Werribee Campus.	\$10,000.00
Akachukwu Onwuka	African Food Workshop and Storytelling for Student Wellbeing	This is a powerful wellbeing initiative that harnesses the cultural richness of African food workshops and the healing power of personal storytelling to uplift mental health, amplify student voices, and foster a strong sense of identity, resilience, and community among students.	\$4,650.00
Aleksandra Hoscilowicz	Removing barriers and strengthening enablers of social connection at the university.	Co-creating guidelines for a more inclusive and equitable social environment at The University of Melbourne.	\$9,992.07
Pin Shie Quah	Sculpting the Mind-Body Connection	Where art meets science, and mind meets body.	\$4,250.00
			Total: \$64,892.07

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